



Sobriety Centers
of New Hampshire



April Awareness

April is Alcohol Awareness Month, a time to raise awareness and understanding of alcohol abuse. Over time, excessive alcohol consumption can lead to the development of chronic diseases and other serious issues that affect your quality of life, physical and mental health.



Did You Know?

Did you know more than 140,000 deaths occur every year in the United States due to excessive alcohol use? If you or someone you know is struggling with alcohol misuse or abuse, there are ways to help.

Upcoming Events

- Veteran Tough Ruck April 19th
- Earth Day Cleanup April 22nd

Event Recap

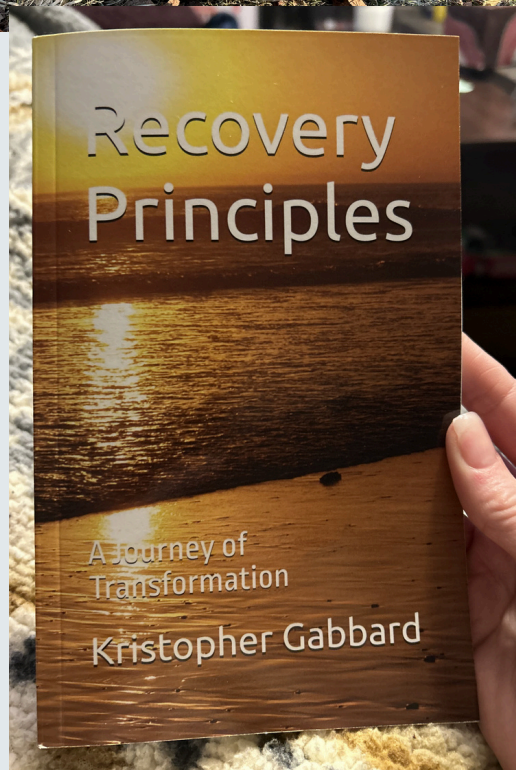
St. Patrick's Day Event

Alumni Bonfire Meeting!

We were joined by 32 attendees and 5 incredible guest speakers who shared insights, stories, and inspiration with our community. The night was filled with meaningful conversations, laughter, and connection.

With hot cocoa, coffee, pizza, and plenty of snacks to enjoy, we also took time to celebrate community spirit + St. Patrick's Day together

Thank you to everyone who made this gathering so special—we're already looking forward to the next one! Thank you to our Alumni Kris for sharing his Journey of Transformation published book!



Earth Day Community Clean-Up & Bonfire

Join us in Antrim as we celebrate Earth Day by giving back to our community and spending time together in recovery and connection.

April 22, 2026
5:00 PM – 7:00 PM

We'll start with a community clean-up around Antrim, followed by a bonfire gathering with recovery commitments, snacks, and meaningful connection.



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May Alumni Event

Liberty House
**STAND-UP
FOR VETS**
Comedy Show
FEATURING JIMMY DUNN & FRIENDS
SATURDAY, MAY 2ND
Saint Anselm College
Dana Center-Koonz Theatre - 100 St Anselm Dr, Manchester, NH 03102

Happy Employee Appreciation Month!

We want to take a moment to recognize and celebrate every single one of you for the dedication, compassion, and hard work you bring each day. From direct care to operations, leadership, Business Development, and Alumni Services—your efforts do not go unnoticed.

We see the long hours, the extra care, the teamwork behind the scenes, and the commitment to making a real difference in the lives of those we serve. Because of you, our mission continues to grow stronger every day. Thank you for showing up, stepping up, and pouring your heart into this work. We are truly grateful for each of you.



EMPLOYEE APPRECIATION MONTH



Desiree Kenyon



SCNH Admissions

“Life is very interesting...in the end, some of your greatest pains become your greatest strengths.”



My journey hasn't been easy—but it's given me purpose. As of April 20th, I'll have 3 years with SCNH, including time as a BHA at Antrim and now in admissions.

On August 12th, I'll celebrate 4 years of sobriety after over a decade of addiction and everything that comes with it. I'm here today to give back and support others who understand the struggle. I promise if I can do it, anyone can.



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HELP US BUILD OUR FIRST

ALUMNI
COMMITTEE

WE'D LOVE YOUR INPUT!



WOULD YOU LIKE TO BE A PART OF
OUR EVENT PLANNING TEAM?

ALUMNI COORDINATOR 603-328-7865
KRYSTLE.COOMBS@SOBRIETYCENTERSOFNH.COM



Alumni Giveaway



NEW Alumni Monthly Giveaway

Every Month I will be Choosing 1 Alumni to receive some Sobriety Centers Swag to be mailed directly to them. All you need to do is submit a 5 Google Review on how we've helped you at one of our locations, Email it to me and you'll be entered into the raffle!

[Antrim House](#)
[Recovery Mountain](#)

Milestones

30 Days

Andrew R.

60 Days

Crystal R.
Gordon D.
Alondra R.
Jon F.

90 Days

Sebastian A.

100 Days

Matthew S.
Tory D.
Joshua W.
Chelsea O.

4 Months

Danielle D.
Javon B.
Aspen M.

5 Months

Tyler E.
Ty C.
Jeremy G.
Natasha I.
Robert M.

6 Months

Desiree M. Kris G.
Kevin P. Sam J.
Hunter D. Patricia T.
Casey E. Richard V.
Lydia S. Kianalynn

9 Months

Sydney P. Shane M. Danielle G.
Nicole J. Jennifer J. Brandon F.
Mark W. Nicholas B. James C.
Chris A. Darren K. Emma B.
Will B. AJ J. Olivia M.

1 YEAR OF SOBRIETY



KEVIN D.



HANNAH M.



ERIC S.



JESSICA G.



CHUCK M.



JAMIE Q.

